



Torquay News

State School

A community that values clever, skilled, creative and aspiring learners.



Issue 14 - 2018

Date Claimers

WEDNESDAY 12 SEPTEMBER
3-6 GOLD Parade 2.30pm – Hall

THURSDAY 13 SEPTEMBER
Auskick 3.10 – 4.10pm

FRIDAY 14 SEPTEMBER
Student Leaders Meeting 10.50am 6B
Y5 Whale watching trip
Y3/4 Gala Day

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WEDNESDAY 19 SEPTEMBER
P-2 Parade 2.30pm – Hall
P & C meeting 4:30pm – Staffroom

THURSDAY 20 SEPTEMBER
Free dress day

FRIDAY 21 SEPTEMBER
Student Leaders Meeting 10.50am 6B
Y5/6 Gala day
LAST DAY OF TERM 3

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SCHOOL HOLIDAYS

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UPCOMING

MONDAY 8 OCTOBER
FIRST DAY OF TERM 4

From the Principal



High expectations Engaged community Guaranteed, vibrant curriculum
High quality teaching Engaged students Academic success

Volunteering and helpfulness

"As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others." — **Audrey Hepburn**

In the last few weeks I have been reflecting upon the power and outcomes that exist because of volunteers, not only in our school, but within the community. Helping others and demonstrating kindness is something we can all do and in many cases, we may never learn of the profound impact that this can and does have on the lives of others.

Just recently in a supermarket, I noticed an elderly lady accidentally knock some lunch containers off the shelf. I simply stopped and picked them up and we chatted for a little while. A few minutes later when I was in another aisle, a man approached me and introduced himself as the lady's son. He thanked me profusely for the help that I had shown his mother. He went on to talk about what a proud lady his mother is and how she has been struggling with the loss of agility and mobility that is coming with advancing age. He told me that spending just those few minutes with her had made a significant impact. I hadn't even given it a second thought...

Sometimes kindness and helpfulness is spontaneous, sometimes it comes in the form of planned volunteering and support. At our school we are so appreciative of the support we have from our many parent and family volunteers. When parents volunteer at school, there are many benefits from improved relationships with teachers and staff, a greater understanding of school life and of course the excitement from children when they see their parents helping in and around the school.

When parents volunteer for specific programs, like assisting with sight words, literacy rotation and changing readers, there is also an important skill building process which has benefits in their own child's learning. We also cannot overlook the wonderful relationships that build with parents themselves and the positive feeling that comes with helping others and socialising.



One day last week, year 1 had over 5 helpers supporting the critically important job of changing home reading books. Thanks goes to Alison Drummond Jones, Donnya Hardman, Adele Squires, Aaron Clegg, Kellie Alloway and Ruth and Glen Muller. Over the next few weeks we will be highlighting and sharing some of the other important ways that volunteers support our school.



Are your contact and custody details current?

It is very sad for families when there are separations and relationship break downs. One of the many factors which is often overlooked is updating contact and address details at the school level. It is vital that we have your latest details so we can contact you. It is very important too to ensure that the school has copies of any current custodial or legal documents relating to your child and their welfare.

Success comes in many forms

If you've been following our Facebook page you will have been reading about the successes that many of our children have experienced on the sporting field or in the music arena. We have had many other successes too. We have 268 students across the school who have exceeded our mid-year reading targets. We have had **110** students who have moved more than 6 months in spelling knowledge in just first semester this year. A number of these students have moved a staggering 18 months in this time!

Staffing News

Congratulations to Mr Shane Folker who has commenced working two days per week at Hervey Bay State High School in a numeracy coaching role. Mrs Core is going to be taking long service leave for the last two weeks of this term and Mrs Carmichael will be away on leave for week 10.

Kind regards, *Heidi Dallimore* – Principal



From the Deputy's Desk

Dealing with set backs

No one really enjoys making mistakes. If we don't learn from our mistakes we are destined to repeat them. It is hard to keep your enthusiasm up when you've not been selected for a dance team or a drama part or a sports team or failed a test at school. Parents can help kids by helping them to analyse mistakes. Some questions used to review a setback are: Ok so you didn't do as well as you would have liked. Let's see if we can learn from this? What parts of it did you do well? What parts of it didn't go as well as you hoped? How much work would be involved in getting better at those parts? Would you change the way you prepared for it next time? In what ways? I know you can do better at this if you want to. Do you want to try again? How can I help you with this? If they decide not to have another go say, "Ok, but don't let your decision trick you into believing you couldn't get better if you tried."

Turn losses into tournaments

You may have already done this as a kid. After losing at a game, you may have said, "Ok, best out of three is the champion". If you didn't win that tournament perhaps you may have said, "Ok, best out of five is ruler of the universe". Teach your kids that there is no loss; there is always a chance to have another go.

There is no try!

As the Jedi master puts it, do or do not, there is no try. Parents shouldn't accept "try" either. When kids say they are going to *try* ask them, "Does that mean you are going to do it or not?"

Focus on the way we do things rather than the result

Successful sports teams play the game the same way regardless of the score in the game. Focusing on the result causes people to panic or freeze up. Parents' comments can cause a shift in their child's awareness. Instead of commenting on the result, find something you like and notice it. For example, "You sang the first few bars of that song beautifully, it's coming together". Avoid the temptation to then add suggestions of ways to improve.

Talk about your role models

Young people today sometimes lack positive role models. Talk about the people you admired as a kid. Explain why they have been important. Talk about the everyday heroes who have inspired you.

Yours in education, *Phil Theofanes* - Deputy Principal

Admin

2019 Enrolments

Please share with family and friends that Torquay SS is taking enrolments for 2019. Interviews for new enrolments into year 1-6 will be conducted towards the end of term four. We are able to take enrolments for prep from anywhere within the Hervey Bay community. If you have a child ready for Prep and have not yet contacted the school, please do so as soon as possible and we can send home the necessary enrolment pack. If you are aware of a new family coming to Torquay in 2019 please ensure they have contacted the school. It is helpful if we are aware of new families prior to the end of this year to allow us the opportunity to better plan for 2019. If you know that your family is leaving our school community at the end of the year, we would also like to hear from you as soon as possible.

Health News

Notification of Medical Conditions and Medications

Please notify the office if your child had any medical conditions we may not be aware of or any **regular or emergency** medications they may take at home. This information is not only helpful for teachers and support staff but is **paramount in case of an emergency** and / or information needs to be passed on to an ambulance. Examples of medical conditions include (but not limited to):

Acquired brain injury	Ear/hearing disorders - Otitis Media (middle ear infection)
Allergies /Sensitivities	Ear/hearing disorders - Hearing loss
Anaphylaxis	Ear/hearing disorders - Other
Airway/lung/breathing - Oxygen required (continuously/periodically)	Epilepsy - Seizure
Airway/lung/breathing - Suctioning	Eye/vision disorders
Airway/lung/breathing -Tracheostomy	Endocrine disorder - Adrenal hypoplasia, pituitary, thyroid
Airway/lung/breathing -Other	Heart/cardiac conditions - Heart valve disorders
Artificial feeding - Gastrostomy device (tube or button)	Heart/cardiac conditions - Heart genetic malformations
Artificial feeding - Nasogastric tube	Heart/cardiac conditions - other
Artificial feeding - Jejunostomy tube	Mental Health - Depression
Artificial feeding - Other	Mental Health - Anxiety
Asthma	Mental Health - Oppositional defiant disorder
Asthma - student self-administers medication	Mental Health - Other
Attention-deficit /Hyperactivity disorder (ADHD)	Muscle/bone / musculoskeletal disorders - spasticity (Baclofen Pump)
Autistic Spectrum Disorder	Muscle/bone / musculoskeletal disorders - Other
Bladder and bowel - Urinary wetting, incontinence	Skin Disorders - eczema
Bladder and bowel - Faecal soiling, constipation, incontinence	Skin Disorders - psoriasis
Bladder and bowel - Catheterisation (continuous, clean intermittent)	Swallowing/dysphagia - requiring modified foods
Bladder and bowel - Stoma site, urostomy, Mitrofanoff, MACE, Chair	Swallowing/dysphagia - requiring artificial feeding
Bladder and bowel - Other	Transfer & positioning difficulties
Blood disorders - Haemophilia	Travel / motion sickness
Blood disorders - Thalassaemia	Other
Blood disorders - Other	
Cancer / oncology	
Coeliac disease	
Cystic Fibrosis	
Diabetes - type one	
Diabetes - type two	

Tuckshop News

Please note: Tuckshop is open every day except Tuesday.

TUCKSHOP ROSTER		VOLUNTEERS	HOME-BAKE	FOOD DONATIONS	
Monday	Sept 10	Needed	Needed	Cheese Slices	
Wednesday	Sept 12	Needed	Needed	Eggs	Needed
Thursday	Sept 13	Needed	Needed	Fruit Salad	
Friday	Sept 14		Needed	MILO	Needed
Monday	Sept 17	Needed	Needed	Cheese Slices	
Wednesday	Sept 19	Needed	Needed	Eggs	Needed
Thursday	Sept 20	Needed	Needed	Fruit Salad	
Friday	Sept 21	Needed	Needed	MILO	Needed

We hope everyone had a great Father's Day and Dad loved his gifts from our stall. Thank you for supporting our stall and helping to raise much needed funds for the school. We are running short of Milo so any donations would be greatly appreciated. Thanks, Judy.

Keys to Success

GOLD CERTIFICATES

For displaying exceptional standards of safe, respectful and responsible behaviour.


Alex	4C	Isabella	6A	Phoebe	4C
Anais	4C	Jenna	3/4A	Rachael	6A
Brody	4C	Lily	3/4A	Ravneet	1/2A
Charlotte	5A	Maddilyn	4C	Sarah	4B
Chelsea	1/2A	Maddison	4B	Scarlett	1/2A
Elora	5A	Mia	6A	Zoe	3/4A
Evie	5A	Molli-Anne	3/4A		

SILVER CERTIFICATES


For displaying very high standards of safe, respectful and responsible behaviour.



Abbey-Lee	3/4A	Ebony	3/4A	Mia	3C
Aidan	5B	Eve	6C	Mia	4B
Alexis	3C	Georgia	6C	Nikkayla	6A
Annabelle	4C	Haidi	5A	Nikkita	5A
Ariana	6A	Holli	3B	Patrick	5B
Ashleigh	3/4A	Isabella	5A	Piper	3B
Ashli	6A	Jack	6A	Poppy	4C
Bella	5B	Jasmine	6C	Remi	6C
Bethany	3/4A	Jaxon	3C	Riley	3B
Bodhi	3B	Jaydee	6B	Rohan	4C
Brooke	3/4A	Jayden	3B	Rosalena	4B
Bryan	6A	Jessica	6A	Ruby	5B
Caitlin	4C	Jet	4C	Savanah	4B
Callum	3/4A	Jorja	4B	Seth	4C
Charlee	3B	Karley	5B	Shaylee	6C
Chloe	5A	Kasiah	5A	Sienna	4B
Cooper	3B	Kobi	3B	Talei	3B
Corey	5B	Lacey	5A	Taya	6C
Crystal	6A	Layla	3B	Taylor	6C
Danika-Rose	6C	Levi	3B	Telisha	6B
David	3B	Lillian	3C	Tyne	3B
Delilah	4C	Mackinlay	4B	Zachery	4C
Dylan	4B	Megan	5B		

Helping Hands Outside School Hours Care



Helping Hands
Outside School Hours Care
Torquay



0475824340  torquay@helpinghandsnetwork.com.au 

WE PROVIDE BREAKFAST AND AFTERNOON TEA EVERYDAY AS WELL AS FANTASTIC ART, CRAFT, SPORT AND COOKING EXPERIENCES THAT YOUR CHILDREN WILL LOVE!

Before School Care from \$3.50 per session*
After School Care From \$4.59 per session*
Vacation Care from \$2.38 per day*

* Based on your income for 1 child in care per session after CCB and CCR

COME IN AND CHECK OUT OUR PROGRAM!

P&C News

Our next P&C meeting is Wednesday 19 September at 4.30pm in the school staff room (behind admin). If you have any ideas for fundraising or need to get in contact with the P&C you can contact us at pandc@torquayss.eq.edu.au or come along to the next meeting.

Uniforms

New uniforms are available from Sauers and Lowes. Second-hand uniforms can be purchased from the school's Uniform Shop Mondays 8:30-9:00am and Fridays 2:30-3:15pm. School hats are \$12 and are available from the school Uniform Shop and the Tuckshop. If you have current school uniforms that you no longer need, donations for our second-hand uniform shop would also be greatly appreciated.

School Watch Number: 131 788

Parents and students can help take care of our school by reporting any suspicious after-hours activity to School Watch on 131 788. By keeping an eye out we can work together to create a safer school community and help to reduce vandalism, theft and arson in our school. If you see something suspicious, please don't intervene. Call the School Watch number and let the local police or State Government Protective Security Service deal with the matter.

School Watch



Like us on Facebook



Get the latest news by joining our Torquay State School Facebook page under "Torquay State School". This page is used as a regular communication tool to update parents and the school community on school activities, events, information and messages.
<https://www.facebook.com/Torquay-State-School-145941882156551>

Absences

Please notify the school of reasons for absence as soon as possible. **Absences (past, present and future) can now be quickly and easily recorded through the QParents app!** Alternatively, please phone our absence line 4194 4366. If you receive a text message for an unexplained absence, please reply to the SMS as soon as possible. If you receive a letter for an unexplained absence, please enter an absence reason and return the letter so that we can remove the unexplained absence from the student's record. All late arrivals and early departures are to be signed in / signed out by students' parent/s or guardian/s at the Administration Office.



What's On



Hervey Bay Oztag Senior & Junior Summer Season Sign On

OZTAG is a non-tackling game with limited contact and the rules are designed to encourage this. Passing, catching, tagging, evasive running and kicking are the skills utilised in OZTAG.

Season Information

When: Senior Summer season starts Wednesday 12th Sep. and Thursday 13th September. Juniors start Wednesday 19th Sep and Thursday 20th September
Who: Senior Men, Mixed and Ladies divisions for teams and individuals and juniors from 5-15. If you don't have a team, we will find an appropriate one for you!

Sign on: You can sign up and get all of the info online via the link on our webpage www.herveybayoztag.com on the sign on pages.

Info: www.herveybayoztag.com or call Glenn on 0414893840 or email herveybay@oztag.com

Come and join one of the fastest growing sports in Qld, 150 000 registered Australian players can't be wrong!

"GET TAGGED, YOU'LL LOVE IT"

COMPETITION/S:	Bundaberg - Heat Girls League	DATE:	Starts Saturday 27th Oct
LOCATION:	Kendalls Flat - Bourbong Street, East Bundaberg	TIME:	2pm - 5pm
COME & TRY SESSIONS:	Saturday 13th October & 20th October 2:30pm - 4:30pm	COST:	\$60
CONTACT:	daniel.drew@qldcricket.com.au	CLUB:	Search 'Wide Bay Heat Girls League' online
OTHER INFO:	8 week competition. There will also be 2 weeks of Come&Try / Skills sessions prior. Ages 10-15.		