



Torquay News State School

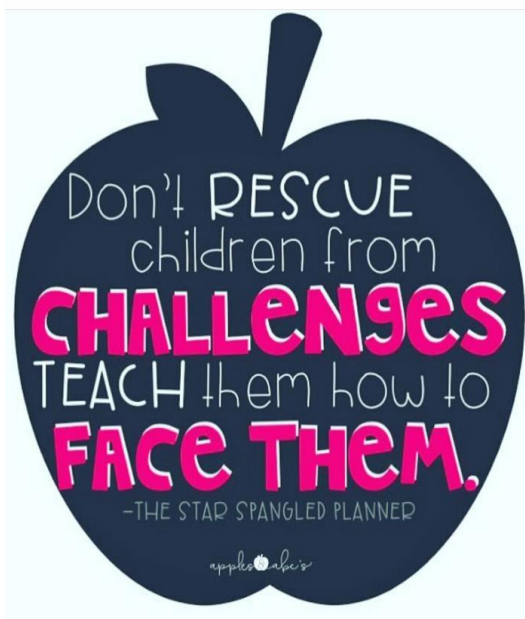
A community that values clever, skilled, creative and aspiring learners.

Issue 2 - 2021



From the Principal

Term 2 week 4



Facing our challenges!

Challenges are a normal part of everyday life faced by everyone. It is important to teach children no-one is perfect, that facing a challenge and trying your best is valued. It is an important part of developing resilience and building self-confidence. When challenges are overcome, children will tend to feel confident and good about themselves and believe themselves to be capable and worthy.

Parents cannot entirely control the life challenges their children will face. They can guide them towards some challenges and away from others. They can also help children to gain perspective on the problem solving and coping process and to not overreact to failure or underplay success.

Of course, it is important to be discerning about the types of challenges your child faces – some life challenges are well out of their and our control eg war, death etc. Other challenges can come from friendships, sports, the arts, or education and children can be supported to work through these challenges to experience success.

Angela Oswald, MSW Jun 2010 suggests that children need to learn how to cope with strong feelings such as anger, sadness, disappointment, jealousy, and frustration that often accompany challenging situations. In order to deal with strong emotions in a healthy way, children need to be able to realize:

- that they're experiencing feelings in the first place,
- to label their emotions, and then
- to draw accurate conclusions about connection between their feelings and the situations that provoke them.

We have deliberately planned activities for our students on camp this week that are designed to be challenging and these are excellent examples of how we can teach determination, perseverance and resilience. Each child will perceive each challenge quite differently. For some children it is the fear of the low ropes course, for others it might be working in a team, or working alone and for some the challenge could be sleeping away from family. At each step of the way, we ask children to identify their feelings, to suggest some strategies for moving forward and then of course celebrating the subsequent success, or encouraging another go when things don't work the first time.

A huge thank you to Mrs Hall and Mrs Schmalkuche for their hours of organisation and of course thanks to all of those teachers who have, or are about to give up precious family time to go on camps. We know that our community respects and values that our teachers will do this important work.

Word of the Week

We are excited to announce that we are going to launch Word of the Week in week 6. This ties in directly with helping children to be able to identify their feelings and to develop their vocabulary that can help to explain their emotions.

Most children readily identify, happy, sad, and angry, but they do not all understand emotions and actions such as cheerful, proud, encouraging, assertive. So, as a whole school we are choosing one word each week that we will all introduce, teach and define on a Monday morning and then generate opportunities for our students to use the word in as many contexts as possible across the course of the week.

We will do a Facebook post each Monday and encourage you to join in and use the word at home. You may even see the words on our school sign and written in chalk on our pathways and near our gates.

Kind regards, *Heidi Dallimore* – Principal

Student Resource Scheme payments & Account Statements

The first instalment of the Student Resource Scheme are due next week, Friday 26 February. The scheme is voluntary and you are under no obligation to join. However, please be aware that if you do not elect to join the scheme, you are responsible for providing your child with the items on the booklist and a \$40 Curriculum Activity fee is required to cover the costs of other consumable items and materials listed at the bottom of the booklist.

The school relies on payment for these items so that we can continue to offer the convenience of the Student Resource Scheme. We welcome instalment payments at any time and to help ease the initial outlay of funds, we have split payment due dates, these are as follows:

\$50 received by Friday 26 February
\$40 received by Friday 14 May
\$40 received by Friday 27 August.

Numerous payment methods are available for families to pay for any of these activities, including: Cash, EFTpos, CentrePay (set up at the office), BPoint (refer to invoice/s), and Direct Deposit to - Torquay State School (CBA), BSB - 064-426, Account - 0009 0056, reference 'Student name, Activity/Invoice#'.

Account Statements will be sent home in the coming weeks, please phone Chantelle or Heidi on 4194 4333, to discuss financial hardship and/or payment plan options. All information is discussed & kept in confidence.

Term Planner

Wednesday's	Student Banking
Thursday 18 February	Y2-5 Swim for Safety commences 2.55pm – 3.25pm P/1 Parent Information session in P/1B classroom
Friday 19 February	P-3 Parade
Monday 22 February	KindlyLinQ - Open from 8.45am, closes at 11.45am Milbi Market trading week
Tuesday 23 February	KindlyLinQ - Open from 8.45am, closes at 11.45am
Wednesday 24 February	Author visit – Deano Yipadee
Thursday 25 February	Y2-5 Swim for Safety Richard Watt – Free Vision screen Y1 & Y4
Friday 26 February	2021 Student Leader badge presentation at 9am - by invitation only Clean Up Australia Day 2.20pm 4-6 Parade - We are excited to invite parents, carers and families to attend, whilst adhering to 1.5m social distancing.
Monday 1 March	KindlyLinQ - Open from 8.45am, closes at 11.45am
Tuesday 2 March	KindlyLinQ - Open from 8.45am, closes at 11.45am

KindyLinQ – Playgroup for 3 year olds

What a great start to 2021 KindyLinQ.

We enjoyed painting, puzzles, blocks, dress ups, Play Doh and making pretend cups of tea to mention a few. We also had a lovely time singing along to some nursery rhymes and songs.

We have a large air-conditioned space to play this year, not to mention spending some time outside on the play equipment.

Thank you to the families that came along to try it out. Some familiar faces and some new ones.

We look forward to see you again at KindyLinQ.



School Therapy Dog



We are very, very excited to be welcoming **Holly** to our school as the school's therapy dog.

This term Holly is busy being trained with her partner and one of our amazing teachers, Miss English. The training is very intensive and once they have both passed, they will be able to come to school and start meeting the students and families.

Holly hopes to be able to listen to students read, have fun with them before school and at lunch and even attend special events.

We hope the families of Torquay State School are as excited to meet Holly as she is to meet you all.

If you would like to ask questions about Holly please come and see Miss English in the Special Education Unit.

Instrumental Music - Strings

The beginner strings workshop is on Thursday 25 March. Notes will be handed to your child this week. All first year string students from all Hervey Bay state schools attend for a great day of learning. The day concludes with a concert for parents. Please fill in the medical form and return it to the office as soon as possible.

Jenny Conlon

Instrumental Music - Band

We currently have vacancies in our Band Program for beginning students in years 4 or 5. Students preferably need to have their own instrument to commence learning. There are a limited number of school instruments available for hire.

If you would be interested in more information about the band program, please email the teacher, Mrs Gordon at jgord33@eq.edu.au and put "Torquay SS Band" in the subject line.

Mrs Gordon

Introducing our Chaplain – Chappy Beth



I'm Chappy Beth!
I love all things musical,
board games and fun!

Chappy Chat

YOU MAY BE WONDERING WHAT A SCHOOL CHAPLAIN DOES?

The Department of Education and Training (DET) has established policies regarding this very question. School Chaplaincy is a three-way partnership between the **local school** (representing the Department of Education and Training), The **Local Chaplaincy Committee** (representing the local community), and **SU QLD** (the employing authority).

Chaplains provide students, parents and staff with social, emotional and spiritual support.

Chaplaincy services are **inclusive of** and **show respect for all** religious or non-religious beliefs represented in the school community.

The Chaplain **works with** the Principal, Guidance Officer and Staff to best care for the school community to which they serve. This looks different in every school. Some Chappies run Breakfast Clubs, Lunchtime Activities, or run programs that develop resilience or self-esteem. Other chappies train sporting teams or lead choirs. The opportunities are very diverse.

At Torquay SS Chappy Beth coordinates our weekly Brekky Club on Tuesday mornings. She works with the Principal, Guidance Officer and Staff to work with students to build resilience, self-esteem, as well as social and emotional skills. Chappy Beth is a willing ear for students, parents and staff and can be contacted through the office.

From the Library

Author Visit - **Deano Yipadee** Wednesday 24 February 2021 at 9am.

After the show, students and parents often love the opportunity to receive signed books on the day. You can order a book by clicking on the following link - [Yipadee Book Orders](#)

Books ordered by parents for their children will be signed and personalised on the day, so the kids can take them home after school and share the excitement from the show with their family.

Mrs Thomas



Absence Line 4194 4366 or via QParents App

Facebook

Bringing our classrooms to the community via our school's Facebook page

Most families are already aware that Torquay State School is on Facebook. We use this social media to share with our community many of the everyday activities that occur within our school.

It also provides us with another form of communication with our parents, regularly posting information and photos about school happenings, reminders, updates and general information about things that have been happening in classroom.

By "liking" our school Facebook page you will then receive updates and postings regularly through your Facebook newsfeed.

It is a great way of staying in touch with all that is happening in and around our school.

Visit us on visit and see what is new at <https://www.facebook.com/TorquayStateSchool>

Community Information

The Hervey Bay Hockey Association season will be hitting off again on March 21 with the first round of fixtures and invite anyone interested in this exciting Olympic and Commonwealth sport to join in playing it.

There will be a HBHA Open Day on February 22 from 10am to 12pm at the HBHA Complex on Tavistock Street. There are various Hockey Programs for juniors picking up a hockey stick for the first time to more experienced players.

All new junior players will receive a starter pack that includes a stick, ball, shin pads and mouth guard. Hockey is a sport for all ages and is played by boys and girls, men and women from five to 85 at various levels of competition for every age and ability.

For any enquiries contact HBHA Development Officer Phil Taylor on 0434 641 457 or email herveybayhockeyinc@hotmail.com and Facebook 'Hervey Bay Hockey Association'



Hervey Bay Hockey Association Junior Competition – Come & Try 2021 Competition Commences Friday 12th March 2021



Hockey Programs

Hookin2Hockey - Saturday 9.30 – 10.30am (6 week program)

Minkeys 4 - 9 Yrs - Saturday 9.30 – 10.30am

Under 12s – Saturday 8.30 – 9.30 - U/15's Friday 4.45 – 6.30 pm

HBHA On Line Registration

Website: www.herveybayhockey.com

Email: herveybayhockeyinc@hotmail.com

Face Book: 'Hervey Bay Hockey Association'



HBHA Junior 'Open Day'

Sunday 21st February 2021

12Noon

HBHA Complex Tavistock Street

Hookin2hockey: www.hookin2hockey.com.au

**All new juniors to hockey receive a starter pack: stick, ball, shin pads, & mouth guard
Enquiries, please contact Phil Taylor HBHA D/O on 0434641457.**

P&C News

Keep an eye on the school's official Facebook page for the date of the next P & C meeting. Everyone is welcome!

Uniforms

Our Uniform Shop is open for second hand school uniforms - **Tuesdays 8:30-9:00am**
Thursdays 2:30-3:15pm.

School hats are \$12 and are available from the Uniform Shop.

New uniforms are available from Sauers Clothing Supplies, 1/5 Torquay Rd, Pialba.

Please note Queensland Education's "No Hat No Play" policy – if students do not have a hat they must remain under cover for play time.

If you have uniforms that you no longer need, donations would also be greatly appreciated.



School Watch Number: 131 788

We say: Not now, not ever, together


The Queensland Government is committed to the elimination of domestic and family violence.

The Government's [Third Action Plan](#) - 'Not now, Not ever, together' highlights that by taking action and working together, we can end domestic and family violence in our communities.


Our school is committed to modelling and building relationships that are based on equality and respect, free from violence and abuse. You play a critical role in teaching respect.



More information and access to support services for domestic violence are available on the [Queensland Government website](#).





Helping Hands Outside School Hours Care Torquay



0475824340  torquay@helpinghandsnetwork.com.au 

WE PROVIDE BREAKFAST AND AFTERNOON TEA EVERYDAY AS WELL AS FANTASTIC ART, CRAFT, SPORT AND COOKING EXPERIENCES THAT YOUR CHILDREN WILL LOVE!

Before School Care from \$3.50 per session*
After School Care From \$4.59 per session*
Vacation Care from \$2.38 per day*

* Based on your income for 1 child in care per session after CCB and CCR

COME IN AND CHECK OUT OUR PROGRAM!